

EXECUTIVE SUMMARY
Missouri Mental Health Commission Meeting
Tan-Tar-A Resort & Conference Center
Crystal Ballroom—Building B
State Road KK, Osage Beach, MO

May 15, 2008

PRESENT

Ron Dittamore, Chair
Beth Viviano, Secretary
Phillip McClendon
Patricia Bolster, M.D.
Kathy Carter
David Vlach, M.D.
Joann Leykam

STAFF

Keith Schafer, Department Director
Mark Stringer, Division Director, ADA
Dr. Joe Parks, Division Director, CPS
Bernie Simons, Division Director, MRDD
Felix Vincenz, CEO, CPS
Brent McGinty, Administration
Jan Heckemeyer, DMH Administration
Monica Hoy, Assistant to the Director
Diane McFarland, Office of Transformation
Audrey Hancock, Director's Office
Cathy Welch, Director's Office
Leigh Gibson, Consumer Safety
Rikki Wright, General Counsel
John Heskett, Office of Child MH
Benton Goon, MIMH

GUESTS

Judy Finnegan, Office of Child MH
LuAnn Reese, Office of Child MH
Barbara Keehn, Division of ADA
Jodi Haupt, Division of ADA
Christy Lundy, Division of ADA
Debbie McBaine, Division of ADA
Angie Stuckenschneider, Division of ADA
Marsha Buckner, Division of ADA
Laurie Epple, Division of ADA
Barbara Keehn, Division of ADA
Amy Lister, Division of ADA
Margy Mangini, Division of MRDD
Vickie Niederhofer, Division of MRDD
Tec Chapman, Division of MRDD
Jeff Grosvenor, Division of MRDD
Laine Young-Walker, Division of CPS
Clive Woodward, Division of CPS
Vickie Epple, Transformation
Susan Pritchard-Green, MO Planning Council for DD
Molly Boeckmann, OA Budget & Planning
Tim Swinfard, MO CMHC
Robyn Boustead, MIMH
Erica Stephens, MO P & A
Richard Mesquias, Eli Lilly
Bruce Christian, Eli Lilly
Greg Kramer, Life Skills
Michael Couty, 19th Circuit Court
Mary Lou Bussabarger, CPS SAC
Danny Wedding, MIMH

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	<ul style="list-style-type: none"> • Ron Dittmore called the Missouri Mental Health Commission Meeting to order at 9:00 a.m. on May 15, 2008. The meeting was held at Tan-Tar-A Resort and Conference Center, Osage Beach, MO. Introductions were made. • Keith Schafer introduced and welcomed Joann Leykam who was appointed to the Commission by the Governor and confirmed by the Senate on April 30, 2008.
APPROVAL OF MINUTES	<ul style="list-style-type: none"> • Phillip McClendon made a motion to approve the Minutes of the April 10, 2008 Mental Health Commission Meeting. David Vlach seconded the motion and the Minutes were approved.
APPOINTMENT- NOMINATION COMMITTEE	<ul style="list-style-type: none"> • Ron Dittmore appointed Kathy Carter, David Vlach and himself to serve on the Nomination Committee that will bring forth a slate of officers for next year. Recommendations will be made at the June 12 Commission meeting and will be voted upon at the July meeting. The new slate of officers will take office at the August meeting.
OPEN DISCUSSION	<ul style="list-style-type: none"> • Monica gave an update on the situation resulting from the tornados and weather disaster in southwest Missouri. The National Organization of Victims Assistance (NOVA) has asked for trained mental health volunteers to assist in Newton and Jasper Counties. DMH is sending staff to assist. • Phillip McClendon thanked Keith Schafer and Mark Stringer for the Spring Training Institute, in particular, the Procovery session that he and other Commissioners were able to attend. Mark Stringer stated they had record attendance of over 1,300 this year. • Kathy Carter commended DMH and the Missouri Mental Health Foundation for the Mental Health Champions Awards Banquet. Keith Schafer commended the committee that worked to make the Awards Banquet a success and noted some activities planned in the future for the Mental Health Foundation. More information will be forthcoming.
COMMITTEE BREAKOUT MEETINGS/ REPORTS	<p><u>Budget Development Committee</u></p> <p>Kathy Carter reported that the committee discussed three items:</p> <ul style="list-style-type: none"> ▪ FY 2009 budget recap – Jan Heckemeyer provided a handout outlining the FY 09 Budget. There is about \$35 million in new GR and about \$26 million in new federal. ▪ The FY 2010 budget letter – Keith Schafer will develop to be sent to the mental health community and stakeholders. The letter will go out the first week of June and will outline DMH budget priorities, current

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	<p>economic conditions, and major mental health issues. Commissioners will be sent a draft of the letter prior to its finalization.</p> <ul style="list-style-type: none"> Gubernatorial candidates meetings – nine people have filed for the gubernatorial race this year. The Commission is extending an invitation to candidates to meet with them. Kathy Carter and Mark Stringer have developed a document to be used in those meetings to provide information about DMH, its consumers, programs, resources, recent mental health achievements, key issues affecting DMH programs. When final, this document will also be posted on the DMH web page. David Vlach commended Kathy and Mark on their work on this document. <p><u>Children and Adolescent Committee</u> John Heskett reported on the committee discussion.</p> <ul style="list-style-type: none"> A Grant has been submitted jointly with DMH, Department of Social Services, and Washington University to SAMHSA that is a four-year grant for training to focus on Trauma/treatment. The committee discussed the BJC Draft Proposal on the Trauma Initiative for the Eastern Region that may serve as a foundation for a budget request for the FY 2010 budget. John explained the elements of this initiative. Judy Finnegan, System of Care Program Coordinator, is working with BJC on this Initiative. There is a need to coordinate work being done in Transformation on transition from teen to adulthood. Discussion touched on working with the Blue Ribbon Panel on Autism to connect with education leaders in the state to identify how to best implement their recommendations. <p><u>Community Transition Committee</u> Joe Parks reported on the committee discussion.</p> <ul style="list-style-type: none"> They reviewed options for transitioning people that are spending time in long-term care as opposed to acute care. They have drafted legislation that puts in time frames for people going back to court and then returning to jail. That did not get into the legislative process this year. The committee discussed the backlog of “Voluntary by Guardians” when the treatment team feels the client can move, but the Guardian does not. Discussed the use of the statutory mechanism available for an independent review panel that allows DMH to discharge people even if the Guardian does not agree.
<p>PERFORMANCE INDICATORS AND DISCUSSION</p>	<p>Keith Schafer gave a background of the creation of the DMH Quarterly Performance Measures that were first presented to the Commission at the December 2007 meeting. This is a monitoring document that will constantly be reviewed and will be presented quarterly. Benton Goon went through the document that was provided and asked that this group consider three questions – what they do not understand; what they like about this tool; and what is missing. Keith asked the Commissioners to review it and send any comments to him or Benton Goon.</p>

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PUBLIC COMMENT	There were no Public Comments.
MENTAL HEALTH FOUNDATION	Keith Schafer explained that the Missouri Mental Health Foundation will become incorporated, to be governed by a Board of Directors, and will be coordinated under the auspices of the Office of Transformation. The role of the Foundation will remain the same – stigma reduction and enhancing public awareness of the people we serve. A Board of Directors will be established. Keith recommended that one Mental Health Commissioner serve on that Board. After discussion, Phillip McClendon made a motion that Joann Leykam serve on the Board of Directors for the Missouri Mental Health Foundation. David Vlach seconded the motion and the motion was approved.
TRAUMA VIDEO AND DISCUSSION	Benton Goon and Diane McFarland with the Office of Transformation presented a video on Trauma and Recovery. Discussion was held on trauma related issues such as age at which trauma is identified, ability to provide proper counseling and treatment for trauma victims. Diane noted activities that are ongoing—setting up centers of excellence for training within the Children’s system through the Trauma Grant for which an application has been submitted; ongoing work in determining next steps for adults who have suffered trauma.
DIRECTOR’S REPORT	<ul style="list-style-type: none"> • Legislation was passed that formally authorizes an Office of Autism Services. All legislation pertaining to DMH has been tied into one bill that is a substitute for HB 1081. • Kathy Carter noted SB 1068, the medications and managed care legislation that establishes a pharmacy rebate fund for MO HealthNet. An amendment was added to allow physicians to override step therapies and to prevent switching of medications by managed care companies and insurance companies without notification of physicians. She noted that the DMH policy in the past has been to oppose the Failed First policies of managed care and voiced concern that people are being taken off their long-standing, stabilizing medications by some managed care companies. Kathy made a motion that the Mental Health Commission put in writing its position in favor of the amendment. Beth seconded the motion and discussion followed on: <ul style="list-style-type: none"> ▪ cost implications of medications; ▪ effects of some new medications; ▪ who should be “grandfathered” in; ▪ legislation that was passed last year requiring that fee for service clients with mental illness diagnoses have access to the most appropriate medications. The motion was expanded to include a recommendation for a rational policy for behavioral health medication access and utilization for managed care companies upon their upcoming contractual renewals. The motion was approved and will be formalized in writing for the Commission to send to MO HealthNet. Dr. Joe Parks will provide draft language. • Keith noted that Channel 2 News in St. Louis contacted him to share that they were running a story regarding DMH inventory. The total of items not yet accounted for is .003% of DMH total inventory.

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	<ul style="list-style-type: none"> The process of hiring a Deaf Services Coordinator is underway. A meeting is scheduled on May 28 with individuals representing the Deaf Community. Sharaine (Rice) Roberts, who led DMH Deaf Services in the early 1990's will be brought in on a consulting basis to help the department in restructuring services for the Deaf and hearing impaired.
DIVISION AND SECTION UPDATES	<p>Bernie Simons reported on the Division of Mental Retardation and Developmental Disabilities:</p> <ul style="list-style-type: none"> He will send a report to Keith and to the Commissioners on the Mental Health Commission Report Recommendation regarding accreditation and survey readiness. They have surveyed all 50 states' MR/DD programs and have received responses from 46. Seven states required accredited agencies, seven encourage having accredited agencies but do not require it, and the remainder stated it does not matter. Tec Chapman reported that Missouri is one of four states that were requested by the National Association of State Developmental Disability Directors, as well as the Autism Society of America, to speak at the State Directors' mid-year meeting. These groups are interested in the work done in Missouri around research and autism centers, the Rapid Response Initiative, and access to services.
FUTURE MEETINGS	<p>The next Mental Health Commission Meeting is scheduled for June 12, 2008 at Department of Mental Health, Jefferson City, Missouri.</p>
ADJOURN	<p>The Mental Health Commission adjourned at 2:30 p.m.</p> <hr/> <p>Ron Dittmore, Chair</p>